



u3a Name: Chelmsford	Date: 09/07/23
Name of person completing risk assessment checklist: Group Leader Alan Caddy	
Interest Group: Fishing	
Description of Activity: Visiting fishing venues with the intention of catching different species of fish	

OUTDOOR SPORTING RISK ASSESSMENT CHECKLIST

This checklist is to help in the planning for a fishing activity. Please note that any members with a disability can inform the leader of the group, and help to complete their own risk assessment if and as necessary.

	Risk Assessment Checklist	Yes	No	N/A	If no, what actions will you take to mitigate this risk?
Member wellbeing and safety	Have you taken a register of attendees?				Organiser to check who is participating
	Do you have the emergency contact details of each attendee if members are happy to provide this information?				Information will be requested.
	Have you checked the weather to ensure that it is suitable for this u3a activity to go ahead?				Weather will be checked by Organiser, however rain will not stop the event
	Have all attendees been advised to wear suitable clothing/footwear?				Organiser will provide information to group members participating
	Have attendees had the opportunity to make the group leader aware of any illnesses that may impact their participation and what actions should be taken if illness occurs? Note, this is not an obligation on members.				Organiser to discuss before start of activity





	Is there a first aid box that is easy to access and fully stocked?				TBC, locations will have their own Health & Safety plans.
	Are attendees aware in the event of a serious incident, they should call emergency services even if there is a trained first aider present?				Organiser to inform before start of activity
Activity area/ public space	Is the activity taking place in an area specifically designed for this activity?				Yes
	Fishery imposed restrictions: Take heed of restrictions imposed by the fishery for health and safety reasons. These are made to ensure your safety. Listen carefully to briefing from organisers and fishery staff.				Organiser to inform group participants. Group fishing page has details of restrictions
	Is the activity area suitable for the activity taking place?				Yes
	Is the activity area accessible to attendees?				Yes
Equipment	Is the equipment in good condition and fit for use?				Check to be carried out prior to fishing by organiser
	Have attendees received a demonstration on how to use equipment correctly (if required)?				Pre-fishing meeting will be arranged should non-fishermen join group

Other identified risks:	What will you do to mitigate these risks?
Use fishing platforms provided at Match Lakes	Ensure members use allocated swims and platforms .
Toilet facilities	Members must use toilet facilities provided at venue





<p>Falling into the water. Falling into locks or fast flowing water. Slippery surfaces and steep banks.</p>	<p>Provide the following advice to members:</p> <p>Avoid slippery steps/slopes. Check them before walking on them. Take care near locks and fast flowing water.</p> <p>If you are unable to land a fish call for help from the organiser.</p> <p>Always tell people where you are going and when you will be back</p> <p>Read water safety advice</p>
<p>Injury due to hooks and flies</p>	<p>Provide the following advice to members: Hooks by their design are sharp and easily penetrate the skin. Their use brings them into contact with germs etc. that can be injurious to health. All hooks must be barbless This will mitigate serious injuries from hooks Caution should be used when handling hooks, tying on or removing hooks. Rusty hooks should be avoided</p>
<p>Casting and handling fishing tackle</p>	<p>Beware fishing hooks are sharp and lines can cut deep. Keep well clear of others that are casting. If you need to approach others that are casting make them aware of your presence as you approach. Do not leave your fishing rods unattended. Advise organiser if you are moving away from your swim.</p>
<p>Weil's disease and other water borne conditions. Contact with water, sludge and sewage- related items.</p>	<p>Provide the following advice to members: Gloves to protect hands from cuts All wounds to be covered with waterproof plasters before clean-up Hands to be washed after visit and before eating Avoid outlets e.g. storm water overflows Vaccinations – Tetanus, Hep A, Hep B</p>
<p>Ticks and Lyme disease</p>	<p>Provide the following advice to members:</p> <p>Ticks and Lyme disease may be present on land around river & lake banks etc. Cover up exposed flesh wherever possible</p>
<p>Electrocution</p>	<p>Provide the following advice to members:</p> <p>Do not fish or walk with a fishing rod in the air during electrical storms. If power lines are overhead please only side cast</p> <p>Always keep well clear of overhead power lines</p>

u3a Outdoor Sporting Risk Assessment Checklist		The Third Age Trust	
Version	Description of changes	Date of change	Review date
1.0	Original Checklist	12.09.2022	12.09.2023
	Fishing Risk Assessment for Chelmsford u3a	09.07.2023	As required

